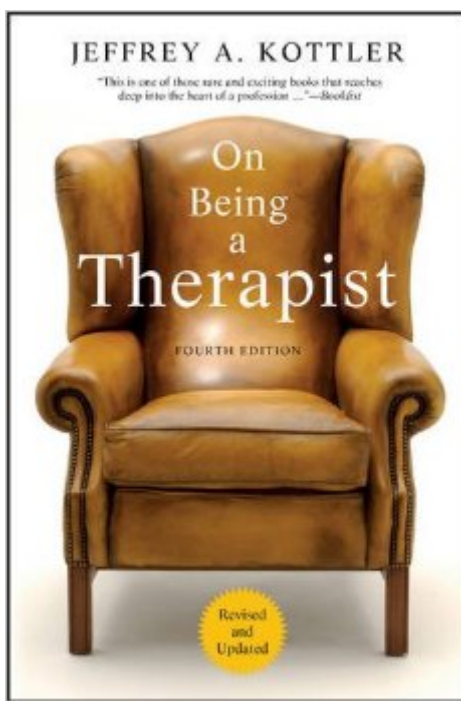


The book was found

On Being A Therapist, 4th Edition



Synopsis

An updated revision of Jeffrey Kottler's classic book reveals the new realities and inner experiences of therapeutic practice today. For more than 25 years *On Being a Therapist* has inspired generations of mental health professionals to explore the most private and sacred aspects of their work helping others. In this new edition, he explores many of the challenges that therapists face related to increased technology, surprising research, the Internet, advances in theory and technique, as well as stress in the international and global economy, managed care bureaucracy, patients with anxiety and depression from unemployment, dysfunctional families, poor education, poverty, parenting issues, often court mandated. Consequently, there's a wealth of new information that explores many forbidden subjects that are rarely admitted, much less talked about openly. Goes deeper than ever before into the inner world of therapist's hopes and fears. Written by Jeffrey Kottler the "conscience of the profession" for his willingness to be so honest, authentic, and courageous. New chapters explore dealing with failures, reluctant patients, how clients change therapists, and more. There is also increased focus on the therapist's role and responsibility to promote issues of social justice, human rights, and systemic changes within the community and world at large.

Book Information

Paperback: 368 pages

Publisher: Jossey-Bass; 4th edition (April 5, 2010)

Language: English

ISBN-10: 0470565470

ISBN-13: 978-0470565476

Product Dimensions: 6 x 1.1 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (80 customer reviews)

Best Sellers Rank: #12,168 in Books (See Top 100 in Books) #17 in [Books > Medical Books >](#)

[Psychology > Psychotherapy, TA & NLP](#) #28 in [Books > Health, Fitness & Dieting > Psychology](#)

[& Counseling > Psychotherapy, TA & NLP](#) #166 in [Books > Self-Help > Relationships >](#)

[Interpersonal Relations](#)

Customer Reviews

This book was a required textbook for one of my counseling courses, along with two others. Like most University students, I didn't read this book but rather skimmed it for the necessary information in order to pass. I liked what I had initially read but it sat on my bookshelf while I attended to the

other required course readings. A few weeks ago I was reading an issue of Psychotherapy Networker. An article written by Kottler caught my attention and reminded me of the book gathering dust on the shelf. I decided I would make the time to give the book a proper read. And I'm glad I did. This is the fourth edition of the book with the original being released over twenty-five years ago. Kottler writes from the experience of a master therapist, prolific author, professor in the Department of Counseling at California State University, Fullerton, and also as the head of the Madhav Ghimire Foundation, which provides scholarships to girls in Nepal. The latter - his work with at-risk girls in Nepal - was the focus of the article I was reading which drew me back to his book. The most important take-away I gleaned from this book was that counselors are human. Complete with human goals, triumphs, tests, and even fallacies. Kottler begins by addressing the many reasons why therapists enter the field of counseling. What draws a person into this type of profession? He dissects the vulnerabilities, experiences, and struggles therapists face. This is by far, not a book that glamorizes the field of counseling. Kottler brings up cold, hard truths about therapists not practicing what they preach, struggling to maintain a professional identity, and the pressures of being a mentor. How do therapists separate their personal and professional lives?

[Download to continue reading...](#)

On Being a Therapist, 4th Edition The Therapist's Guide to Psychopharmacology, Revised Edition: Working with Patients, Families, and Physicians to Optimize Care Mission Possible: a Therapist's Guide to Weight Loss with Hypnosis (Book and CDROM) Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach Therapist Guide (Treatments That Work) Managing Tourette Syndrome A Behavioral Intervention for Children and Adults Therapist Guide [Treatments That Work] by Woods, Douglas W., Piacentini, John, Chang, Susanna, Deckers [Oxford University Press, USA, 2008] [Paperback] Unified Protocol for Transdiagnostic Treatment of Emotional Disorders: Therapist Guide (Treatments That Work) The Mindful Therapist: A Clinician's Guide to Mindsight and Neural Integration (Norton Series on Interpersonal Neurobiology) Becoming a Therapist: What Do I Say, and Why? On Becoming a Person: A Therapist's View of Psychotherapy The Magic Touch: How to make \$100,000 per year as a Massage Therapist; simple and effective business, marketing, and ethics education for a successful career in Massage Therapy The Comprehensive Respiratory Therapist Exam Review, 6e The Wounds Within: A Veteran, a PTSD Therapist, and a Nation Unprepared When Children Refuse School: A Cognitive-Behavioral Therapy Approach Therapist Guide (Treatments That Work) The Making of a Therapist (Norton Professional Books) Studio Art Therapy: Cultivating the Artist Identity in the Art Therapist (Arts Therapies) The Therapist and the Soul: From Fate to Freedom Cheated & Deafeated: Mistress Harley's How To

Gambling Guide: Stop being a loser & start being less of a loser (Cheated & Defated Book 1) Stop
Being the String Along: A Relationship Guide to Being THE ONE Analysis, Synthesis and Design of
Chemical Processes (4th Edition) (Prentice Hall International Series in the Physical and Chemical
Engineering Sciences) 4th (fourth) Edition by Turton, Richard, Bailie, Richard, Whiting, Wallace B.,
Shaei [2012] 4th of July : Great Facts for Kids About AMERICA (Great 4th of July e-Book) (Summer
Reading Collection)

[Dmca](#)